

AccessCareer: Enhancing Inclusive Access to Career Counselling.

The Mission: *Why This Curriculum?*



OVERVIEW

A structured, multilingual training program designed to prepare career counsellors across Europe to support socially disadvantaged individuals with modern, ethical, and effective guidance.



CORE OBJECTIVE

To build a complete curriculum - developed by experts, tested through workshops, and translated across partner countries - that turns real challenges identified in the field into practical counselling skills.

Three Strategic Pillars

Training Modules:

9 structured curriculum units, each built around a presentation and guided content, designed to build counsellors' knowledge step by step.



Interactive Activities:

Hands-on exercises designed to reinforce practical application of counselling skills.



Case Studies:

Real-world case studies grounding the curriculum in practical, field-based scenarios.



The Content:

1

Bias
Awareness

2

Personalized
Guidance

3

Labor Market
Trends

4

Career
Self-Management

5

Digital Tools for
Counseling

6

Ethics &
Professional
Conduct

7

Stress
Management
& Burnout
Prevention

8

LifeComp
Skills &
AgencyCultural
& linguistic
sensitivity

Key Outcomes

Complete Curriculum:

9 training units covering bias, guidance, labor trends, ethics, and resilience.

01

02

Full Training Package:

1 presentation per unit, 1 handbook, 5-10 exercises, 5-10 case studies.

Multilingual Access:

Translated into Greek, French, Italian, Spanish (+ English).

03

04

Hands-On Training

Dynamic workshops with real career counsellors in every partner country.

Training in Numbers

5

languages

21

counsellors
trained

9

units

70%+

satisfaction
target